

10 & UNDER FOOTBALL LEAGUE RULES:

1. AGE - 9 & 10

2. Weight unlimited. Exception – NO player weighing over 125 lbs. will be eligible to play any backfield position. This also includes specialty teams. The “Shuttle Pass” and the “End Around” to players exceeding 120 lbs. are illegal (penalty unsportsmanlike conduct).

3. Practice before season starts - (4) times per week; combination of practices and games once season starts (3) times per week 1 ½ time limit. NO practice on Sunday. Any practice held on Friday or Saturday will not be mandatory for participants to attend. (Participants cannot be disciplined.)

4. No coaches will be allowed on playing field.

5. A 30-second huddle will be used.

6. 10 & Under will play four (8) minute quarters. All timing issues will be as specified by GHSA with the following exceptions: When by GHSA rule the clock shall be stopped, the officials shall do so and will be restarted on the referee's ready for play signal. Exception: After a score the clock shall be started again as per GHSA rule. After a timeout the clock shall start again with the snap. During the last two minutes of each half the clock shall be stopped and started per GHSA rules. Half time period will be 5 minutes.

7. Ball may be snapped turned at any position.

8. Punting on the fourth down or any other punting situation, the team with the ball must publicly announce their intention to punt (if intending to punt) to the referee. The referee announces to both teams the intention to punt. A punt is then mandatory; the center snaps the ball to the kicker - NO contact allowed until the ball is punted. A player over the weight limit may be placed in the back field for the sole purpose of punting or kicking the ball. A person weighing over 125 lbs. may not advance the ball.

9. Linebackers (tackle to tackle) must be off the line-of-scrimmage, depth must be at least the back of the farthest lineman position. The penalty for this infraction is the same as being off sides.

10. There must be defensive man lined up head to head with the two guards and two tackles on the line of scrimmage. If the defense has anyone else on the line of scrimmage they must be lined up head to head with an offensive man. All other defensive men must be lined up 3 yards off the line of scrimmage. Defensive linemen must be in a 3 or 4-point stance – any player tackle to tackle is considered a lineman on the line of scrimmage.

IMPORTANT NOTES FOR 10 & UNDER:

1. On a bad snap when punting, punter must retrieve ball and punt from behind line of scrimmage within 30 seconds from time of huddle. No movement on offense or defense until ball is punted.
2. The offensive guards may be no more than one foot away from their center on the offensive line.

We are asking for the linebackers to read the play, then react, to give the center and quarterback a chance to get the playoff.